

2018 AIHM Annual People Planet Purpose Conference CREDIT TRACKING SHEET (Keep for your records)

15 min. = 0.25 30 mins = 0.50 45 min = 0.75 60 min = 1.00

PRE-CONFERENCE DAY 1 SATURDAY, SEPT. 22, 2018

Total Credits Available Pre-Conference Day 1 **6.5** _ _ _

>>> Choose 1 Pre-Conference Workshop (1,2,3 or 4)

Pre-Conference Workshop 1: Advances in Biofield Medicine					
8:30 AM - 5:00 PM	8:30 AM - 9:30 AM	Spontaneous Healing, Consciousness, and Spirituality	Larry Dossey, MD		
	9:30 AM - 10:30 AM	Biofield Science and the Future of Health & Medicine	James Oschman, PhD		
	10:45 AM - 11:30 AM	Clinical Applications of Biofield Science	James Oschman, PhD		
	11:30 AM - 12:00 PM	A Healing Experiential	Rosalyn Bruyere, DD		
	1:30 PM - 2:30 PM	The Heart & Soul of Healing	Rosalyn Bruyere, DD		
	2:30 PM - 3:30 PM	The Healer-Scientist Partnership: Exploring Impact and Fostering Evolutions in Biofield Science	Shamini Jain, PhD		
	3:45 PM - 4:30 PM	Precognition as Preventive Medicine	Larry Dossey, MD		
	4:30 PM - 5:00 PM	Summary, Highlights, and Looking Forward	Shamini Jain, PhD		
Pre-Conference Workshop 2: Non-Pharmacological Pain Management					
8:30 AM - 5:00 PM	8:30 AM - 9:45 AM	Restoring Motion: Movement to End Pain	Roger Mignosa, DO		
	9:45 AM - 10:30 AM	Experiential: Movement Diagnosis & Treatment	Roger Mignosa, DO		
	10:45 AM - 12:00 PM	Manual Medicine Approaches to Chronic Pain: A Hands-On Approach	Michael Kurisu, DO		
	1:30 PM - 2:15 PM	Experiential - Osteopathy	Michael Kurisu, DO		
	2:15 PM - 3:30 PM	Nutritional Interventions for Managing Pain	Robert Bonakdar, MD, FAAFP, FACN		
	3:45 PM - 4:30 PM	Mind-Body Therapies: Mindfulness/ACP/Tai Chi	Robert Bonakdar, MD, FAAFP, FACN		
	4:30 PM - 5:00 PM	Q&A and Closing	Robert Bonakdar, MD, FAAFP, FACN Michael Kurisu, DO		
Pre-Conference Workshop 3: Cardiovascular Disease: Clinical Pearls, Diagnosis and Treatment Options					
8:30 AM - 5:00 PM	8:30 AM - 9:30 AM	Vascular Biology and Vascular Aging	Mark Houston, MD, MS, MSc		
	9:30 AM - 10:30 AM	Practical Applications of CV Risk and Management of Dyslipidemia	Mimi Guarneri, MD, FACC, ABOIM		
	10:45 AM - 12:00 PM	Hypertension: Facts and Pearls	Mark Houston, MD, MS, MSc		
	1:30 PM - 2:00 PM	Cardiovascular Genetics	Mark Houston, MD, MS, MSc		
	2:00 PM - 3:30 PM	Implementing Personalized Dietary Approaches for CardioMetabolic Patients	Kristi Hughes, ND, IFMCP		
	3:45 PM - 4:30 PM	Resiliency and the Mind Body Connection	Mimi Guarneri, MD, FACC, ABOIM		
	4:30 PM - 5:00 PM	Q&A and Case Discussions	Mimi Guarneri, MD, FACC, ABOIM Mark Houston, MD, MS, MSc Kristi Hughes, ND, IFMCP		
	Pre-Conference Workshop 4: Natural Approaches to Mental Health: Nourish, Move, Awaken				
8:30 AM - 5:00 PM	8:30 AM - 10:30 AM	Restoring A Resilient Mood	Henry Emmons, MD		
	10:45 AM - 12:00 PM	Expanding the Mental Health Toolkit & Natural Approaches to ADHD	Timothy Culbert, MD		
	1:30 PM - 3:30 PM	Natural Approaches to Anxiety	Scott Shannon, MD		
	3:45 PM - 5:00 PM	Panel Discussion and Q&A	Henry Emmons, MD Timothy Culbert, MD Scott Shannon, MD		

2018 AIHM Program

15 min. = 0.25 30 mins = 0.50 45 min = 0.75 60 min = 1.00

Time	Session Title	Faculty	Credits Available	Credits to Claim	
MAIN CONFERENCE DAY 1 – SUNDAY, SEPT. 23, 2018					
8:45 AM - 9:15 AM	100 Years in Modern Medicine As I Have Lived It	Gladys McGarey, MD, MD(H)	0.50	__._	
9:15 AM - 10:00 AM	The Integrative Health Movement: How We Got Here, Where Are We Going	John Weeks	0.75	__._	
>>> Choose 1 Session					
Concurrent Sessions	10:30 AM - 11:30 AM	Integrative Ayurveda in Clinical Practice: Practical Pearls for Enhanced Healing	Nancy Lonsdorf, MD, ABIHM	1.00	__._
		Immune Misfirings & Autoimmune Diseases	Lalitha Padmanabhan Aiyer, MD, MS, MBA, FAIHM		
		Regenerative Medicine: Applications, Integrative Medicine & Future Investigations	Mikiko Murakami, DO Marco Quarta, PhD		
		Business Track Part 1: Serving the Underserved - Methods for Sustainability	Ellen Beck, MD		
		Business Track Part 2: Providing Care for Patients in an Academic Medical Center Setting	Gene Kallenberg, MD		
>>> Choose 1 Session					
Concurrent Sessions	12:30 PM - 1:00 PM	Ayurvedic Management of Inflammation: Patient-centered Mind-body Approach	Anupama Kizhakkeveetil, BAMS (Ayurveda), MAOM, PhD Jayagopal Parla, BAMS, MD (Ayurveda), MAOM, C-I	0.50	__._
		The Integrative Rheumatology Rubric - State of the Art 2018	George E. Munoz, MD		
		Legal Implications of Genetic Testing	Cindy Carson, JD, MD, ABIHM		
		Business Track Part 3: Things to Consider for Satisfaction and Success	Tori Hudson, ND		
	1:00 PM - 1:30 PM	An Integrative Approach to Skin Disease	Donna Aiudi, MD, FAAD	0.50	__._
		Treasure Hunt for Triggers and Treatment of Autoimmune Disease	Philip Barr, MD, ABIM, ABIHM		
		Redefining Chronic Pain Care Delivery- One Group at a time	Irina Todorov, MD		
		Business Track Part 4: Primary Care Membership and Consultation Models	Bradly Jacobs, MD, MPH, ABOIM		
1:45 PM - 2:15 PM	Why Do Men Die Younger Than Women?	Myles Spar, MD, MPH	0.50	__._	
2:15 PM - 2:45 PM	Key Concepts & Treatment Essentials: PCOS/Perimenopause/Menopause	Tori Hudson, ND	0.50	__._	
2:45 PM - 3:15 PM	Personalized Lifestyle Medicine for Breast Cancer Risk Reduction	Sara Gottfried, MD	0.50	__._	
3:15 PM - 4:15 PM	On the Horizon – International Projects That Are Changing the Face of Integrative Health	Iracema de Almeida Benevides, MD Tabatha Parker, ND Daniel Gallego-Pérez, MD, DrPH(c) Kavitha P. Reddy, MD Darshan Mehta, MD, MPH Moderator: John Weeks	1.00	__._	
4:15 PM - 5:00 PM	Whole Person Health in the U.S. - How Advocacy for Policy Drives Change	Susan Haeger	0.75	__._	
Total Credits Available Main Conference Day 1			6.50	__._	

MAIN CONFERENCE DAY 2 – MONDAY, SEPT. 24, 2018

8:15 AM - 9:15 AM	The New Leadership Literacies	Bob Johansen, PhD	1.00	__._	
9:15 AM - 10:15 AM	Brain and Soul: The Future of Psychiatry	Scott Shannon, MD	1.00	__._	
>>> Choose 1 Session					
Concurrent Sessions	11:00 AM - 12:00 PM	Integrative Psychiatry: A Solution to the Global Mental Health Crisis	Julio Ballestas, MD C. Shaffia Laue, MD, ABIHM, ABOIM Ralph Bauer, MTh	1.00	__._
		Practical Tools for Building Clinician Resilience and Reducing Burnout	Darshan Mehta, MD, MPH		
		Part 1: The Practitioner's Guide to Medical Cannabinoids	Danielle Gordon, MD, ABIHM, ABOIM, CCFP		
		Part 2: Medical Marijuana: Clearing the Facts from the Smoke	Michael Geci, MD		
		Hospital Based Massage Therapy - The Competencies Revealed!	Dale Healey, DC, PhD Beth Rosenthal, MPH, MBA, PhD MK Brennan, RN, MS, LMBT		
>>> Choose 1 Session					
Concurrent Sessions	1:30 PM - 2:00 PM	Natural Anxiety and Depression Treatments: What Works – Part 1	Peter Bongiorno, ND, MsAc, Lac	0.50	__._
		Successfully Shifting Behavior: Guiding Patients to Improve Their Thinking & Habits	Dan Asimus, MD, MEd, ABIHM		
		Horse Pill Therapy - Healing With Horses for Veterans With PTSD	Ellen Kaye, PhD, MBA Michael Myers, PhD		
		Transforming Addiction: From Neurobiology to Whole Health & Psycho-Spiritual Awakening	Sharone Abramowitz, MD, FAIHM, FASAM, ABAM		
>>> Choose 1 Session					
Concurrent Sessions	2:00 PM - 2:30 PM	Natural Anxiety and Depression Treatments: What Works – Part 2	Peter Bongiorno, ND, MsAc, Lac	0.50	__._
		Transcendental - hypno-motivational aromatherapy to improve compassion satisfaction	Marie O'Brien, MSN, ANP-C, RN-BC, CCRN		
		Shinrin Yoku: A Prescription for Nature	Suzanne Bartlett Hackenmiller, MD, FACOG, ABOIM		
		Yoga: Evidence and Practice Supporting People with Posttraumatic Stress	Timothy Avery, PsyD Leland Ferguson, C-IAYT, RYT-200, MBA		
3:15 PM - 4:00 PM	The Mental Health Impacts of Climate Change	Lise Van Susteren, MD	0.75	__._	
4:00 PM - 5:00 PM	How to Practice Environmental Medicine	Joseph Pizzorno, ND	1.00	__._	
7:00 PM - 9:00 PM	Crone & Sage Circles	Gladys McGarey, MD, MD(H) Scott Shannon, MD	2.00	__._	
Total Credits Available Main Conference Day 2			7.75	__._	

MAIN CONFERENCE DAY 3 – TUESDAY, SEPT. 25, 2018

8:30 AM - 9:15 AM	Climate Justice and Public Health: Practical Ethics in Urgent Times	Fonna Forman, JD	0.75	__._	
9:15 AM - 10:00 AM	Old Time Trick or New Age Science? The Mechanism of Spinal Manipulation	Greg Kawchuk, BSc, Dc, MSc, PhD	0.75	__._	
>>> Choose 1 Session					
Concurrent Sessions	10:45 AM - 11:45 AM	Implementing Functional Nutrition: From Assessment to Interventions	P. Michael Stone, MD, MS	1.00	__._
		Couch to Kitchen: Teaching Cancer Patients to Cook	Robert Ellis, DO, PhD, FACP		
		Environmental Health Track Part 1: Environmentally Acquired Illness: A Growing Epidemic	Mary Ackerley, MD, MD(H), ABIHM Sonia Rapaport, MD, NBPAS, ABIHM, ABFM		
		The Oral-Systemic Connection: Dental Conversations that Support Health	Amy Dayries-Ling, DMD, AIAOMT, FAIHM		
1:15 PM - 2:15 PM	How Healing Works: And What it Means for Healthcare	Wayne Jonas, MD	1.00	__._	
>>> Choose 1 Session					
Concurrent Sessions	3:00 PM - 3:30 PM	Your Brain on Food: Nutrition for the Mind	Mary Purdy, MS, RDN	0.50	__._
		The Magic in the Mushroom: Medicinal Mushrooms in Oncology Care	Denise Spector, PhD, MPH, ANP-BC		
		Environmental Health Track Part 2: Illness Acquired from Indoor Mold Exposure: Diagnostic Considerations	Margaret DiTulio, APRN		

	3:00 PM - 3:30 PM	BAMM 4Kids (Breathing, Aromatherapy, Massage and Movement) – Part 1	Kathleen Farah, MD, ABIHM, ABOIM Bethaney Kaye, DNP, FNP-BC, RN Laura Beck, CMT		
				>>> Choose 1 Session	
Concurrent Sessions	3:30 PM - 4:00 PM	Making Cancer Personal: Tracking Biomarkers to Support Cancer Risk Reduction	Nalini Chilkov, LAC, OMD	0.50	_ . _ . _ .
		Approaching the Tsunami: An Integrative Approach to Reversing the Diabetes Epidemic – Part 1	Robert Bonakdar, MD, FAAFP, FACN		
		Environmental Health Track Part 3: Water Damaged Building (WDB) Induced Chronic Inflammation: Treatment	Lauren Tessier, ND		
		BAMM 4Kids (Breathing, Aromatherapy, Massage and Movement) – Part 2	Kathleen Farah, MD, ABIHM, ABOIM Bethaney Kaye, DNP, FNP-BC, RN Laura Beck, CMT		
				>>> Choose 1 Session	
Concurrent Sessions	4:00 PM - 4:30 PM	Useful Herbs During Cancer Treatment	Mary Hardy, MD	0.50	_ . _ . _ .
		Approaching the Tsunami: An Integrative Approach to Reversing the Diabetes Epidemic – Part 2	Robert Bonakdar, MD, FAAFP, FACN		
		Environmental Health Track Part 4: Pathways to Advanced Medical Care	Sonia Rapaport, MD, NBPAS, ABIHM, ABFM		
		Is Autism Really Alzheimer's in Children? Neuroinflammation Across the Lifespan	Debby Hamilton, MD, MPH		
				>>> Choose 1 Session	
Concurrent Sessions	4:30 PM - 5:30 PM	Integrative Geriatrics: Baby Boomers Solution for Optimal Health	Mikhail Kogan, MD	1.00	_ . _ . _ .
		26000 Treatments and Growing: Evolution of an Inpatient IM Program	Pilar Williamsen, DC Michelle Smith, DC		
		Environmental Health Track Part 5: Treatment of Environmentally Acquired Neuroinflammation	Mary Ackerley, MD, MD(H), ABIHM		
		Environmental Health Track Part 6: Panel Discussion and Q&A	Mary Ackerley, MD, MD(H), ABIHM Sonia Rapaport, MD, NBPAS, ABIHM, ABFM Margaret DiTulio, APRN Lauren Tessier, ND		
		Effective Treatment for CFS/ Fibromyalgia: A Blended Approach	Sanford Levy, MD, FACP, ABIHM		
Total Credits Available Main Conference Day 3				6.00	_ . _ . _ .
MAIN CONFERENCE DAY 4 – WEDNESDAY, SEPT. 26, 2018					
	8:15 AM - 9:00 AM	Dawn of the Era of Treatable Alzheimer's Disease	Dale Bredesen, MD	0.75	_ . _ . _ .
	9:00 AM - 9:45 AM	The GUT Microbiome and the Brain: A Mind-Altering Paradigm Shift	Patrick Hanaway, MD	0.75	_ . _ . _ .
	9:45 AM - 10:30 AM	The Role of Holistic and Integrative Nurses in the New Health Paradigm	Rauni King, RN, MIH, BSN, CHTP/I, HNB-BC Lucia Thornton, ThD, RN, MSN, AHN-BC Barbara Dossey, PhD, RN, AHN-BC, FAAN	0.75	_ . _ . _ .
	10:30 AM - 11:15 AM	The Gut-Brain Continuum: The Merging Science of the Microbiome and the Structure and Function of the Human Neuroendocrine System	Zach Bush, MD	0.75	_ . _ . _ .
	11:15 AM - 12:00 PM	Be the Change: The Power of Integrative Health and Medicine to Heal People and Planet	Mimi Guarneri, MD, FACC, ABOIM	0.75	_ . _ . _ .
Total Credits Available Main Conference Day 4				3.75	_ . _ . _ .
TOTAL CREDITS AVAILABLE FOR MAIN CONFERENCE				24.00	_ . _ . _ .
TOTAL AMA PRA Category 1 Credits™ or ATTENDANCE Available (Pre-Conference + Main Conference)				30.5	_ . _ . _ .